

Dear Friend,

The language of the Advance Directive was established by the Oregon legislature so that individuals may have a uniform way to communicate their health care wishes to both first responders and caregivers. Although you are not required by law to complete and retain an Advance Directive, you may find it useful to do so, especially to make clear your desire for Christian Science care. Those individuals receiving nursing care through Canterbury Crest Nursing Services are required to have an Advance Directive as a protection to all parties involved.

Before you begin filling out your Advance Directive form, please read completely all of these instructions.

PART A

Part A explains both the document and your health care rights. After you have read it and wish to proceed, write your personal information in the spaces provided. Be sure to select by initialing, the length of time that you wish the Advance Directive to be valid.

PART B

This takes the place of the old Power of Attorney for Health Care form which expired seven years after it was created. Select two people to be your Health Care Representatives whom you trust to carry out your health care wishes. Once they have agreed to serve in this capacity, put their names and personal information in the spaces provided.

If you wish to receive exclusive Christian Science care as outlined in Addendum “A,” indicate this desire in item 1 of PART B, making specific reference to the addendum. In order to ensure that your Health Care Representatives have full authority to uphold your health care wishes, be sure to initial items 1 through 3. Don’t sign yet; that must occur in front of witnesses!

PART C

Read the instructions for this section carefully, and then determine whether you want to initial specific life support choices in items 1 through 4, or whether you want to reject all life support choices by initialing number 5. (You are not required to sign this PART C, but can find it very helpful to clarify your wishes.) If you have chosen to include Addendum “A” to indicate your desire for exclusive Christian Science care, include that information under item 6. If you have previously signed an old form Health Care Power of Attorney (which expires seven years after its signing), and have completed PART B referred to above, please make sure to initial either the 2nd line in item 7; otherwise initial the 3rd line in item 7. (Also have any old Health Care Power of Attorney forms destroyed.) Again, don’t sign yet!

Note: Before you begin collecting signatures, please consider that many lawyers suggest preparing three original forms: one for your own files, and one for each of your Health Care

Representatives. (You may do this by making to photo copies of the filled out form and then have all three signed with original signatures.) In addition, make as many copies as you need so that family and friends will know of your health care desires. Canterbury would also be glad to keep one on file for you.

PART D

Following the instructions on the form, have each witness sign and print their names as indicated, after they have watched you sign the form under PART B and PART C. If you are using Addendum “A” be sure to have your witnesses sign this document as well, after they have watched you sign it.

PART E

Your appointed Health Care Representatives must sign and print their names, indicating by their signatures that they agree to represent you in this way.

ADDENDUM “A”

Since this is not an official form, you may use as much or as little of the language within it as you desire. If you wish to include specific portions within your Advance Directive document (as many lawyers suggest), we can email an MS Word file of these forms. Just let us know.

Finally, in situations generally considered to be emergencies, the common response is to call a Christian Science practitioner – and next of kin, if applicable – (in addition to other emergency first responders that may be called), before calling Canterbury. One of our nurses is always available 24/7 at (503) 639-7661, or toll-free at 1-866-639-7661, and will be able to help you determine the most appropriate arrangements for proper care.

Please feel free to give us a call with any of your questions. We love to help!

Sincerely,

Erroyl Hawley, Executive Director